



ANNUAL REPORT

MSU Extension Baraga County

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Baraga County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

10

Programs delivered in Baraga County

152

Baraga County Residents

Participated in programs offered by MSU Extension

71

Programs Attended

By Baraga County residents **in-county, outside of county or online.**

176

Program Participants

In programs delivered in Baraga County **online or statewide**

268

Individual class sessions attended

BARAGA COUNTY STAFF

0

Educators

1

Partnership/coalition

BARAGA COUNTY FOCUS AREAS

Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Michigan Beekeeping Webinar with Mark Dykes
- Pollinator Champions FREE Online Course
- DIG IN! - "Brighten Your Day"
- Smart Gardening with Vegetables 101 online course
- Backyard Fruit 101 Webinar Series
- Upper Peninsula Extension Master Gardener Program
- Cabin Fever Conversations 2021

Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- 2021 Introduction to Lakes Online Course
- NotMiSpecies Webinar- Ahoy Boaters!
- Wild Spartans Series
- Michigan Birding 101 Class
- Sailing Gichigami with Inland Seas and the Anishinabee: KBIC

Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- 2021 KBIC Seafood HACCP
- NEMIGLSI Native Plant Workshop
- Zoning Administrator Certificate Program (ZAC)

Community (cont.)

- Muskegon H.S. Entrepreneurship
- Fiscally Ready Communities
- Mortgage Foreclosure Basics
- Tips to Build and Protect Your Credit
- ARPA Local Government Workshop
- Money Management

Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Pantry Food Safety It's Your Job
- Online National Diabetes Prevention Program
- Tai Chi for Fall Prevention
- RELAX Alternatives to Anger
- Tai Chi for Arthritis Part II
- Virtual Seated/Standing Tai Chi
- Caring for the Caregiver
- Mindful Walking and Thought Surfing
- Changing Negative Self Talk
- Online RELAX Alternatives to Anger
- SNAP-Ed Mindful Wellness for One

Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Surviving Virtual School for Parents
- ERRC Professional Development: "The Purpose of Play" One-Time Presentation
- Raising Young Readers, Extension Extras
- Baraga, L'Anse, BHK Preschool Presentations
- Safe Food Healthy Kids

4-H Baraga County

According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.

13

Members